

**Strong Minds,
Bright Futures**

A Partnership for Child
Mental Wellbeing

MEDIA ADVISORY

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EXPERTS, PARENTS, AND YOUTH UNITE TO TACKLE PENNSYLVANIA'S YOUTH MENTAL HEALTH CRISIS

Pennsylvania – 3/6/25 – The youth mental health crisis in Pennsylvania demands urgent action. To address this growing challenge, **Strong Minds, Bright Futures: A Partnership for Child Mental Wellbeing** is hosting the webinar, [Solutions to the Youth Mental Health Crisis](#). This event will bring together parents, youth, and youth-serving professionals to discuss real experiences, explore innovative solutions, and drive policy change.

This event will feature experts from education, healthcare, and community services who will highlight policy solutions to the unprecedented mental health crisis among children and teens across the Commonwealth.

WHAT: [Strong Minds, Bright Futures Webinar: Solutions to the Youth Mental Health Crisis](#) – A dynamic conversation on expanding mental health services, supporting families, and implementing policies that ensure access to care.

WHO: Parents and youth with lived experience; Mental health professionals; Education and healthcare leaders; Community service providers

WHEN: Tuesday, March 11, 2025 at 12:00 PM ET

WHERE: Live on Zoom - <https://tinyurl.com/2ct7z8s3>

WHY THIS MATTERS: Pennsylvania's children deserve strong, healthy futures. But too many families are struggling to find the mental health support they need. By bringing together parents, educators, health professionals, and community leaders, this webinar will focus on real solutions that strengthen families, keep communities thriving, and ensure every child gets the care they need to grow and succeed. Investing in early mental health support keeps schools, hospitals, and first responders from being overwhelmed by crises—and helps build a stronger, more resilient Pennsylvania.

ABOUT STRONG MINDS, BRIGHT FUTURES: Strong Minds, Bright Futures is a statewide partnership dedicated to improving youth mental health across Pennsylvania by advocating for policy changes, expanding mental health services, and supporting families. Learn more at www.strongmindspa.org, and follow us on Facebook, BlueSky, and LinkedIn @StrongMindsPA and Instagram @PaStrongMinds.

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For more information or to schedule interviews, David Heayn-Menendez at 267-361-7945 or davidhm@childrenfirstpa.org

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